

Notes on infectious disease control related to the novel coronavirus (COVID-19)
(2nd Report)

February 17, 2020 version

To Kyushu University Students, Faculty & Staff

As widely reported over the past several days, a new type of coronavirus has been found in the People's Republic of China (hereinafter referred to as "China"), and the infection of the novel coronavirus disease has continued to spread in China and to surrounding areas. In Japan, there is currently no epidemic, but several infected people have already been identified, and it is necessary to continue to work to fight the spread of this infectious disease.

For that purpose, on January 30, 2020, we published "Notes on infectious disease control related to the novel coronavirus disease (COVID-19)," but we have since amended and updated these notes in response to subsequent changes in the situation surrounding the disease.

In order to prevent the occurrence and spread of infected persons at Kyushu University, we ask that students, faculty, and staff thoroughly review this compiled list of things to keep in mind and act accordingly. In particular, for those with the following underlying diseases, there is a possibility that they may be at high risk of the disease becoming severe if infected with the new type of coronavirus. For these people and those around them in particular, we ask that you give special consideration to these notes and act accordingly.

- Those who have pre-existing medical conditions
- Those with immunodeficiency caused by immunosuppressants, steroids, anticancer drugs, etc.
- Patients on dialysis
- Elderly people
- Pregnant women
- Infants (for whom it is difficult to describe their own symptoms)

Further, for the latest information concerning the novel coronavirus disease, we ask that you check the latest official information posted by the Ministry of Health, Labour and Welfare and avoid being misled by erroneous information posted on social media. In addition, as noted below, if you have a history of traveling to Hubei or Zhejiang provinces, and you suspect that you may have been infected with the novel coronavirus disease, immediately confirm where you can be tested by contacting one of the Returnee/Contact Consultation Centers near each of Kyushu University's campuses or the Fukuoka City Consultation Support Centers for Foreign Residents, which are listed at the bottom of this email.

As the situation regarding this new coronavirus continues to develop, the General Affairs Division will continue to provide the latest news and any additional information as deemed necessary.

Important Notes

(Proper hand hygiene)

Please be sure to maintain proper hand hygiene (hand washing and using hand sanitizer) (*).

Please be sure to observe proper cough etiquette and correct application of masks.

Please avoid visiting high-traffic areas unless absolutely necessary.

*: We have created posters detailing proper hand hygiene (hand washing and using hand sanitizer) that are available via the following link. (Japanese, English, Chinese)

https://archive.iii.kyushu-u.ac.jp/public/uXqcgAtJcoBAxNQB21hwf-BC3_FpIhIYpJt9_DyNaW1P

(Staying at Home, Medical Consultations, etc.)

1. Those who have traveled to Hubei or Zhejiang provinces in the last two weeks

Any students, faculty, or staff (including research students, temporary staff, and those who commute to the university, hereinafter referred to as "members of the university body") who fall under any of the following applicable conditions 1) – 3) are requested to take actions as detailed below ① – ④. In addition, after return to and entry into Japan from Hubei and Zhejiang provinces in China, and two weeks (*1) have passed without fever (37.5°C or higher) or respiratory symptoms such as cough, you no longer need to subject yourself to home quarantine yourself or report your current condition. Please remain vigilant preventing infection by observing proper hygiene.

Applicable Conditions (any of the following)

- 1) Those who have traveled to Hubei or Zhejiang Province in China in the last two weeks
- 2) Those who have had contact with (*3) a person living in Hubei or Zhejiang Provinces (*2) in the last two weeks.
- 3) Those who have had contact with a person infected with the novel coronavirus disease in the last two weeks

Requested Action

- ① Home quarantine for two weeks from the day following the date of entry into Japan, return date to Japan, or contact with a person living in Hubei or Zhejiang Province (*4)
- ② Report to your department or office (*5) regarding your health condition once a day in the morning
In addition, if you have fever (37.5°C or higher) or respiratory symptoms such as cough:
- ③ Report to the your department or office
- ④ Avoid contact with others, wear a mask, and contact your local Returnee/Contact Consultation Center as soon as possible

2. Those who have traveled to places in China other than Hubei and Zhejiang provinces in the last two weeks

Members of the university body who have traveled to places in China other than Hubei and Zhejiang provinces in the last two weeks are requested to take actions as detailed below ① – ④. In addition, after return to and entry into Japan from places in China outside of Hubei and Zhejiang provinces, and two weeks have passed without fever (37.5°C or higher) or respiratory symptoms such as cough, you no longer need to refrain from going out. Please remain vigilant preventing infection by observing proper hygiene.

Requested Action

① Avoid unnecessary outings during the first two weeks upon returning to Japan

② Monitor your health daily

In addition, if you have fever (37.5°C or higher) or respiratory symptoms such as cough:

③ Report to the your department or office

④ Avoid contact with others, wear a mask, receive consultation from a nearby medical institution as soon as possible

3. Those who have not traveled to China in the last two weeks

Regardless of travel history to China or contact with people living in Hubei and Zhejiang Provinces, members who experience sustained fever (37.5°C or higher) or respiratory symptoms such as cough that persist for four days or more are requested to take actions as detailed below ① – ③.

Requested Action

① Report to the your department or office

② Avoid contact with others and wear a mask

In addition, in the event of high fever (when body temperature is over 38°C) or when symptoms appear to be worsening:

③ Receive consultation from a nearby medical institution as soon as possible

*1: According to the "Q&A on the Novel Coronavirus Disease" on the Ministry of Health, Labour and Welfare website as of February 15, 2020, the current incubation period is unknown but is thought to be between 1–12.5 days (averaging between 5–6 days). Other sources say that the incubation period could be up to 14 days. It is recommended that you monitor your health for 14 days.

General Q&A regarding the new coronavirus):
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryou/dengue_fever_qa_00001.html

*2: Those who have an address in Hubei or Zhejiang Province, or who have had a residence for more than one year to date. Excluding people who have been outside of China for the last two weeks and have had neither a fever (37.5°C Celsius or higher) or respiratory symptoms.

*3: This indicates any interaction, either by touching or having close contact (generally defined as within two meters), with a person living in Hubei or Zhejiang provinces or an individual infected by novel coronavirus disease (COVID-19) without the necessary infection prevention precautions.

*4: If the examination schedule falls on an individual's quarantine period and conditions 1)–3) apply, it will be treated as an official absence. If you are traveling to or within China and conditions 1)–3) apply, this travel shall be limited to official university affairs or special circumstances permitted by the head of your department.

*5: Contact information for the administrative offices of each department (General Affairs)
<https://www.kyushu-u.ac.jp/ja/contact/department/>

(Restrictions on Overseas Travel, etc.)

Approval of travel by members of the university body shall be made as outlined below in accordance with the infectious disease risk level as determined by the Ministry of Foreign Affairs of Japan (hereinafter referred to as the "infectious disease risk level").

①If the infectious disease risk level for a country/area is "Level 4: Evacuate and Avoid

All Travel," no members of the university body are allowed to travel to that country or region even for official university affairs.

②If the infectious disease risk level for a country or region is "Level 3: Avoid All Travel,"

generally no members of the university body are allowed to travel to that country or region for official university affairs. This applies to faculty and staff members (including temporary staff and other staff at Kyushu University) as well as students (including research students and others who attend Kyushu University). If faculty or staff wish to travel to these countries or regions for official university affairs, their supervisor must apply for approval from the Kyushu University Coronavirus Disease 2019 (COVID-2019) Infection Prevention Center, which will determine whether or not the individual in question can travel. In the event that a Coronavirus Disease 2019 (COVID-2019) Risk Prevention Center is established, then the Coronavirus Disease 2019 (COVID-2019) Risk Prevention Center shall decide.

③Please avoid any non-essential travel to the country or area if the infectious disease risk

level is "Level 2: Avoid Non-essential Travel." For travel by members of the university body, faculty and staff are required to obtain permission for travel from their immediate supervisor for official university affairs in these countries/areas. Students are generally not allowed to travel to these countries/areas. If a student wishes to travel to these countries/areas for university-related activities, their supervisor must apply for approval from the Kyushu University Coronavirus Disease 2019 (COVID-2019) Infection

Prevention Center, which will determine whether or not the student in question can travel.

- ④For personal travel, we strongly urge you to refrain from traveling in China, especially to Hubei or Zhejiang Province.

Information on the risk of infection and updates on the novel coronavirus disease (COVID-19) from the Ministry of Foreign Affairs.

https://www.anzen.mofa.go.jp/info/pcinfectionspothazardinfo_009.html#ad-image-0

Returnee/Contact Consultation Centers near each of Kyushu University's campuses and Fukuoka City Consultation Support Centers for Foreign Residents

- Fukuoka City Nishi Ward Health and Welfare Center (092-895-7073)
- Fukuoka City Higashi Ward Health and Welfare Center (092-645-1078)
- Fukuoka City Minami Ward Health and Welfare Center (092-559-5116)
- Chikushi Office for Health, Human Services and Environmental Issues (092-707-0524)
- Itoshima Office for Health and Human Services (092-322-5579)
- Oita City Public Health Center (097-536-2222)
- Oita Prefectural Toubu Public Health Center (0977-67-2511)
- Hotline for Foreigners Living in Fukuoka (092-687-5357)

Additional Information

About the novel coronavirus disease 2019 (available in Japanese on the Ministry of Health, Labour and Welfare website)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html

There is information on infectious disease prevention on the poster "Message to the People of Japan."

About the novel coronavirus disease 2019 (published by Fukuoka City in Japanese)

<https://www.city.fukuoka.lg.jp/hofuku/hokenyobo/health/kansen/nCorV.html>

World Health Organization (WHO) Disease Outbreak News (available in English)

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Information on foreign language telephone consultations regarding the new coronavirus (available in simple Japanese on the Fukuoka City website)

<https://www.city.fukuoka.lg.jp/soki/kokusai/shisei/japanese/charseasyja.html>

Regarding pneumonia caused by the new coronavirus (available in English on the Fukuoka City website)

<https://www.city.fukuoka.lg.jp/hofuku/hokenyobo/health/kansen/charsen.html>

关于新型冠状病毒肺炎的应对（福岡市、中文）

<https://www.city.fukuoka.lg.jp/hofuku/hokenyobo/health/kansen/charsch.html>

[For Kyudai Students] What you can do to prevent the spread of infectious diseases (あなたにできる感染症予防) (Japanese)

<https://moodle.s.kyushu-u.ac.jp/course/view.php?id=2700§ion=24>

[For Kyudai Faculty & Staff] What you can do to prevent the spread of infectious diseases (あなたにできる感染症予防) (Japanese)

<https://moodle.s.kyushu-u.ac.jp/course/view.php?id=2699§ion=29>

Proper Hand Hygiene (Video by the Tokyo Metropolitan Government in Japanese)

<https://www.youtube.com/watch?v=z1OV4gLt14c>

How to Properly Wear a Mask (Video by Kameda Medical Center in Japanese)

<https://www.youtube.com/watch?v=6kNcfGs3ODo>