

## Flow Chart on What to Do If You Have Cold-like Symptoms

If you think you may be infected with COVID-19 or even if you only have common cold-like symptoms

Consult your personal doctor or a medical institution in your area via telephone. If you are unsure about which medical institution to consult, please contact your nearest health center or Consultation Center.  
(See Attachment A)

Notify your department\*

Follow the instructions of your department

PCR or other test not required

Follow instructions given at consultation

PCR or other test required

■ Notify your department of your condition  
■ Take PCR or other test

Negative PCR or other test result

Positive result from PCR or other test

■ Follow the instructions of the health center  
■ Notify your department of your condition  
■ Recuperate at home for the period specified by Kyushu University  
(See Attachment B)

■ Follow the instructions of the health center  
■ Notify your department of your condition

\*Affiliated department

Faculty and staff: Contact the general affairs section in your department

Contact List: <https://www.kyushu-u.ac.jp/ja/contact/department/>

(Only available in Japanese)

\*Administration Bureau should contact the person in charge at each section (office).

Students: Contact the student affairs section in your school or faculty

First-year undergraduates should contact Academic Student Support Section, Student Support Division, Student Affairs Department

Contact list: <https://www.kyushu-u.ac.jp/en/notices/view/191>

# If You Experience Symptoms Such as Fever...

## Attachment A

If you have cold symptoms such as fever:

- ✓ Recuperate at home
- ✓ Refrain from going out
- ✓ Record your temperature every day

**Consult your trusted doctor or another medical institution in your area via telephone**

If treatment/testing **is available** at the medical institution consulted

**Visit the medical institution**

- ◆ Please be sure to make a reservation by phone before making a visit for your medical examination.
- ◆ Whenever possible, please avoid using public transportation when visiting your medical facility.
- ◆ Please show up on time and wear a mask for your medical examination.

If treatment/testing **is not available** at the medical institution consulted  
**OR**  
If you **do not know** of a medical institution to consult

Please contact one of the consultation centers listed below.

Consultation Center	Telephone number
Fukuoka City Hotline for Non-Japanese Speakers regarding COVID-19	092-687-5357 (24-hour service in 19 languages)
Fukuoka International Medical Support Center	092-286-9595 (24 hours, 365 days, 17 languages)

Fukuoka Prefecture Website

<https://www.pref.fukuoka.lg.jp/site/english/en-living-infection-c4-1.html>



Fukuoka City Website

[https://www.city.fukuoka.lg.jp/soki/kokusai/shisei/covid19\\_fo.html#A](https://www.city.fukuoka.lg.jp/soki/kokusai/shisei/covid19_fo.html#A)



# Home Self-Isolation Period

